

Carson City Senior Center Menu

January 2024

Menu subject to change without notice.

Monday	Tuesday	Wednesday	Thursday	Friday
1 <u>CLOSED</u> <u>New Years</u> <u>Day!!!</u>	2 <u>Seafood Bake</u> Peas & Carrots House Salad Pineapple Chunks Brownie with Carmel Drizzle	3 <u>Honey Lemon</u> <u>Chicken</u> Penne Pasta Green Beans House Salad Sliced Peaches WW Bread #116	4 <u>Chicken w/ Orange</u> <u>Sauce</u> Mashed Potatoes Mixed Veggies Garden Salad WW Bread Yogurt #103	5 <u>HAPPY BIRTHDAY!</u> <u>Spaghetti w/ Meat</u> <u>Sauce</u> Steamed Peas House Salad Diced Pears WW Roll Cake & Ice Cream
8 <u>BBQ Chicken</u> Brown Rice Green Beans House Salad Berries on a cloud	9 <u>Baked Pork Chops</u> Mashed Sweet Potatoes Steamed Green Beans Mixed Green Salad WW Roll Applesauce #110	10 <u>Sloppy Joe on WW</u> <u>Bun</u> Baked Beans Baby Carrot Fruit Cocktail #34	11 <u>Baked Pollock</u> Rice Pilaf 4 Way Veggies Fresh Apple Pudding	12 <u>Beef Enchilada</u> Refried Beans Mexicorn Span ish Rice Apple Crisp
15 <u>CLOSED</u> <u>Martin Luther</u> <u>King Day!!!</u>	16 <u>Lemon Baked Fish</u> Brown Rice Green Beans Tossed Salad Fresh Orange WW Bread #161	17 <u>Chicken Cacciatore</u> 4 Way Veggies Applesauce Garlic Breadstick Peach Crisp	18 <u>Italian Beef Bake</u> Peas & Carrots Spinach Salad Yogurt #152	19 <u>Meatloaf</u> Mashed Potatoes Corn House Salad w/Garbanzo Beans WW Roll
22 <u>Beef Stroganoff</u> Egg Noodles Chef Cut Veggie Orange Spinach Salad Fresh Apple #108	23 <u>Turkey Sandwich</u> Tomato Soup Three Bean Salad Sliced Pears Jell-O	24 <u>Beef Taco</u> Coleslaw Green Beans Sliced Peaches Cookie	25 <u>Cheeseburger w/</u> <u>LTOP</u> WW Bun Baked Beans House Salad Fresh Orange Pudding #136	26 <u>Chicken Cordon Bleu</u> Rice Pilaf Peas House Salad Fresh Orange Apple Pie Delight
29 <u>Chili Cheese Baked</u> <u>Potato</u> Steamed Peas House Salad Fruit Cocktail Cookie	30 <u>Tuna Casserole</u> House Salad Mango Chunks WW Bread #177	31 <u>Beef Teriyaki</u> Jasmine Rice Broccoli Asian Chickpea Salad WW Bread Mandarin Oranges #27	Suggested donation: \$2.25 - 60 & over; Fee: \$6.00 – 59 & under Milk: On-site (Congregate) - 8oz served daily. Meals on Wheels - half gallon delivered weekly. On-Site (Congregate) Lunch Options: <ul style="list-style-type: none"> To-Go Lunch Available Daily – Bring your containers. Entrée Salad Available – instead of the day's meal (on-site lunch only) [excludes Birthday Friday & Holiday Meals]. Lunch Served: 11-12:30pm, Mon – Fri 	