

# Carson City Senior Center Menu

## February 2024

Menu subject to change without notice.

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Suggested donation:</b> \$2.25 - 60 &amp; over;  <b>Fee:</b> \$6.00 – 59 &amp; under</p> <p><b>Milk:</b> On-site (Congregate) - 8oz served daily. Meals on Wheels - half gallon delivered weekly.</p> <p><b>On-Site (Congregate) Lunch Options:</b></p> <ul style="list-style-type: none"> <li>• <b>To-Go Lunch Available Daily</b> – Bring your containers.</li> <li>• <b>Entrée Salad Available</b> – instead of the day's meal (on-site lunch only) [excludes Birthday Friday &amp; Holiday Meals].</li> <li>• <b>Lunch Served:</b> 11-12:30pm, Mon – Fri</li> </ul>			<p><b>1</b></p> <p><u><b>Baked Pork Chop</b></u>  Mashed Sweet Potatoes  Steamed Green Beans  Fresh Fruit  House Salad  WW Roll</p>	<p><b>2</b></p> <p><u><b>HAPPY BIRTHDAY!</b></u>  <u><b>Shrimp Scampi</b></u>  Linguine Pasta  Steamed Broccoli  Tuscan Beans  Diced Pears  Cake &amp; Ice Cream</p>
<p><b>5</b></p> <p><u><b>Beef Taco</b></u>  Spanish Rice  Refried Beans  MexiCorn  Churro</p>	<p><b>6</b></p> <p><u><b>Biscuits &amp; Sausage</b></u>  Gravy  Omelet and Breakfast  Veggies  Fresh Grapes  Peach Crisp</p>	<p><b>7</b></p> <p><u><b>Chicken Broccoli Rice</b></u>  Beet Salad  Mango Cup  Muffin  #38</p>	<p><b>8</b></p> <p><u><b>Beef Vegetable Soup</b></u>  Tuna Macaroni Salad  Tropical Fruit Cup  WW Roll  Cookie  #19</p>	<p><b>9</b></p> <p><u><b>Spaghetti W/ Meat</b></u>  Sauce  Steamed Peas  House Salad  Pineapple Chunks  WW Roll</p>
<p><b>12</b></p> <p><u><b>Chicken Tetrazzini</b></u>  Cooked Carrots  Broccoli Salad  WW Roll  Pudding  #47</p>	<p><b>13</b></p> <p><u><b>Clam Chowder</b></u>  Turkey Sandwich  Peas, Carrots, &amp; Corn  Spinach Salad  Fresh Fruit  #43</p>	<p><b>14</b></p> <p><b>VALENTINE'S DAY</b>  <u><b>Chicken Cordon Bleu</b></u>  Brown Rice  California Blend  Veggies  House Salad  Red Velvet Cake</p>	<p><b>15</b></p> <p><u><b>Sweet &amp; Sour Pork</b></u>  Jasmine Rice  Stir Fry Veggies  Pineapple Chunks  Fortune Cookie</p>	<p><b>16</b></p> <p><u><b>Meatloaf</b></u>  Mashed Potatoes  w/Gravy  Steamed Spinach  Chantilly Fruit Cup  WW Roll</p>
<p><b>19</b></p> <p><b>CLOSED PRESIDENT'S DAY</b></p>	<p><b>20</b></p> <p><u><b>Swiss Steak</b></u>  Baked Potato  Steamed Peas  House Salad  Fresh Orange  WW Roll</p>	<p><b>21</b></p> <p><u><b>Chef Salad</b></u>  Veggie Loaded  Minestrone Soup  Grapes  V8 Juice  Apple Crisp</p>	<p><b>22</b></p> <p><u><b>Lemon Baked Fish</b></u>  Brown Rice  Steamed Garden Veggies  Mixed Green Salad  Fresh Orange  WW Roll  #79</p>	<p><b>23</b></p> <p><u><b>Chicken Pasta</b></u>  <u><b>Primavera</b></u>  Steamed Broccoli  Garlic Breadstick  Citrus Delight  #32</p>
<p><b>26</b></p> <p><u><b>Chicken Mushroom</b></u>  <u><b>Marsala</b></u>  Rice Pilaf  Spinach Salad  Diced Pears  Mixed Veggies</p>	<p><b>27</b></p> <p><u><b>Tuna Casserole</b></u>  Colorful Salad  Mango Chunks  WW Bread  Pudding Swirl  #177</p>	<p><b>28</b></p> <p><u><b>Salisbury Steak</b></u>  Mashed Potatoes  Peas  Mixed Berry Cup  House Salad  WW Roll  Cookie</p>	<p><b>29</b></p> <p><u><b>BBQ Chicken</b></u>  Steamed Cali. Veggies  Garden Salad  Chantilly Cup  WW Roll  #72</p>	