

# Carson City Senior Center Menu

## April 2024

Menu subject to change without notice.

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b>  <u>Chicken Pasta Primavera</u> House Salad Citrus Delight Garlic Bread #32	<b>2</b>  <u>Beef Stir Fry</u> Steamed Brown Rice Beet Salad Mandarin Oranges Pudding	<b>3</b>  <u>Cabbage &amp; Ham Stew</u> Diced Potatoes House Salad with Garbanzo Beans Diced Peaches WW Roll	<b>4</b>  <u>Seafood Louie Salad</u> V8 Juice Tropical Fruit Three Bean Salad Sourdough Bread Pudding	<b>5</b> <b>HAPPY BIRTHDAY!</b> <u>Beef Stroganoff</u> Egg Noodles Steamed Mixed Veggies Orange Spinach Salad Pineapple Chunks Ice Cream and Cake #108
<b>8</b>  <u>Beef Enchilada</u> Spanish Rice Steamed Corn Refried Beans House Salad Churro	<b>9</b>  <u>Chicken Parmesan</u> Fettucine Noodles Green Beans Tossed Salad Pineapple Chunks #184	<b>10</b>  <u>Shepherd's Pie</u> Spinach Salad Muffin Fresh Fruit #29	<b>11</b>  <u>Lemon Baked Cod</u> Brown Rice Steamed Garden Veggies House Salad Fresh Fruit Cherry Crisp	<b>12</b>  <u>Chicken Cordon Bleu</u> Rice Pilaf Steamed Peas House Salad Fresh Apple
<b>15</b>  <u>Spaghetti w/ Meat Sauce</u> Steamed Peas House Salad Diced Pears WW Roll	<b>16</b>  <u>Tahitian Chicken</u> Rice Casserole Braised Cabbage Fresh Orange Cookie	<b>17</b>  <u>Clam Chowder</u> <u>Turkey Sandwich</u> Steamed Lima Beans Fresh Fruit Pudding WW Roll	<b>18</b>  <u>Swiss Steak</u> Egg Noodles Mixed Veggies Orange Spinach Salad Fresh Banana WW Roll #69	<b>19</b>  <u>Baked Pork Chop W/ Mushroom Gravy</u> Baked Potato with Sour Cream Carrots House Salad Berry Cup #159
<b>22</b>  <u>Shrimp Scampi</u> WW Pasta Steamed Spinach Tropical Fruit V8 Juice	<b>23</b>  <u>Country Fried Steak</u> Mashed Potatoes Corn Beet Salad Fresh Fruit Cookie	<b>24</b>  <u>Meatball Sandwich</u> WW Hoagie Roll Coleslaw Fruit Cup Fruit Juice	<b>25</b>  <u>Chef Salad</u> Lentil Soup Mandarin Oranges Muffin #59	<b>26</b>  <u>Beef Taco</u> Ranch Style Beans Mexicorn Tropical Fruit #55
<b>29</b>  <u>Chicken Caesar Salad</u> Yogurt Berry Parfait Fresh Banana Cookie	<b>30</b>  <u>Meatloaf</u> Mashed Potatoes Steamed Spinach Fruit Cup WW Bread #3	<p style="text-align: center;"><b>Suggested donation: \$2.25 - 60 &amp; over</b>  <b>Fee: \$6.00 – 59 &amp; under</b></p> <p><b>Milk:</b> On-site (Congregate) - 8oz served daily. Meals on Wheels - half gallon delivered weekly.</p> <p><b>On-Site (Congregate) Lunch Options:</b></p> <ul style="list-style-type: none"> <li>• <b>To-Go Lunch Available Daily</b> – Bring your containers.</li> <li>• <b>Entrée Salad Available</b> – instead of the day's meal (on-site lunch only) [excludes Birthday Friday &amp; Holiday Meals].</li> <li>• <b>Lunch Served:</b> 11-12:30pm, Mon – Fri</li> </ul>		