## Carson City Senior Center Menu May 2024 Menu subject to change without notice.

Monday	Tuesday	Wednesday	Thursday	Friday
Suggested donation	<b>n</b> : \$2.25 - 60 & over	1	2	3
<ul> <li>Fee: \$6.00 – 59 &amp; under</li> <li>Milk: On-site (Congregate) - 8oz served daily. Meals on Wheels - half gallon delivered weekly.</li> <li>On-Site (Congregate) Lunch Options:</li> <li>To-Go Lunch Available Daily – Bring your containers.</li> <li>Entrée Salad Available – instead of the day's meal (on-site lunch only) [excludes Birthday Friday, Salad Meals, &amp; Holiday Meals].</li> <li>Lunch Served: 11-12:30pm, Mon – Fri</li> </ul>		<u>Sloppy Joe on WW</u> <u>Bun</u> Baked Beans Baby Carrots Fruit Cocktail #34	<u>Chicken w/ Orange</u> <u>Sauce</u> Mashed Potatoes Mixed Veggies Garden Salad WW Bread Yogurt #103	<u>HAPPY BIRTHDAY!</u> <u>Spaghetti w/ Meat</u> <u>Sauce</u> Steamed Peas House Salad Diced Pears WW Roll Cake & Ice Cream
6	7	8	9	10
<u>Fish Taco</u> Coleslaw Three Bean Salad Sliced Peaches Cookie	Baked Pork Chop Mashed Sweet Potatoes Steamed Green Beans Mixed Green Salad WW Roll Applesauce #110	Honey Lemon Chicken Penne Pasta Green Beans Garden Salad Sliced Peaches WW Bread #116	<u>Pork Chow Mein</u> Chopped Spinach Pineapple Chunks WW Bread	<u>Swedish Meatballs W/</u> <u>Egg Noodles</u> Steamed Cali Veggies House Salad Fruit Juice Cookie
13	14	15	16	17
<u>Biscuit &amp; Sausage</u> <u>Gravy</u> Omelet and Breakfast Veggies Fresh Fruit Muffin	<u>Italian Sausage W/</u> <u>Peppers &amp; Onions</u> WW Egg Noodles Broccoli Mixed Greens Salad Fresh Fruit #9	<u>Lentil Soup</u> Tuna Salad Sandwich on WW Bread Steamed Carrots Spiced Applesauce Cookie	<u>Sauerbraten</u> Baked Yam House Salad w/Garbanzo Beans Cinnamon Applesauce #31	<u>Caribbean Chicken</u> Aztec Rice Stir Fry Veggies Orange Spinach Salad Cookie
20	21	22	23	24
<u>Chicken Cordon Bleu</u> Rice Pilaf Peas House Salad Fresh Orange Brownie	<u>Turkey Sandwich on</u> <u>WW Bread</u> Tomato Soup Three Bean Salad Sliced Pears Jell-O	Beef Stroganoff Egg Noodles Chef Cut Veggies Orange Spinach Salad Fresh Apple #108	<u>Chicken Broccoli Rice</u> Beet Salad Fruit Cup Muffin #38	<u>Meatloaf</u> Mashed Potatoes Corn House Salad w/Garbanzo Beans WW Roll Cherry Crisp
27	28	29	30	31
<u>CLOSED</u> <u>MEMORIAL</u> <u>DAY</u>	BBQ Chicken Mashed Potatoes Green Beans House Salad Berries on a Cloud	Beef Teriyaki Jasmine Rice Broccoli Asian Chickpea Salad Mandarin Oranges WW Bread #27	Hamburger w/ LTOP WW Bun Baked Beans House Salad Fresh Orange Pudding #136	<u>Mambo Pork Roast</u> Corn Muffins Broccoli House Salad Melon Cup