## Carson City Senior Center Menu <br> May 2024

Menu subject to change without notice.

| Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: |
| Suggested donatio Fee: $\$ 6.00$ <br> Milk: On-site (Congreg Meals on Wheels - half <br> On-Site (Congregate) L <br> - To-Go Lunch Avail containers. <br> - Entrée Salad Availa day's meal (on-site 1 Birthday Friday, Salad <br> - Lunch Served: 11-1 | : \$2.25-60 \& over 59 \& under <br> te) $-80 z$ served daily. allon delivered weekly. unch Options: ble Daily - Bring your <br> ble - instead of the nch only) [excludes Meals, \& Holiday Meals]. :30pm, Mon - Fri | 1 <br> Sloppy Joe on WW <br> Bun <br> Baked Beans <br> Baby Carrots <br> Fruit Cocktail \#34 | 2 <br> Chicken w/ Orange Sauce <br> Mashed Potatoes Mixed Veggies Garden Salad WW Bread Yogurt \#103 | $\begin{array}{\|l} \hline 3 \\ \hline \text { HAPPY BIRTHDAY! } \\ \hline \frac{\text { Spaghetti w/Meat }}{\text { Sauce }} \\ \text { Steamed Peas } \\ \text { House Salad } \\ \text { Diced Pears } \\ \text { WW Roll } \\ \text { Cake \& Ice Cream } \end{array}$ |
| 6 <br> Fish Taco Coleslaw Three Bean Salad Sliced Peaches Cookie | 7 <br> Baked Pork Chop <br> Mashed Sweet Potatoes Steamed Green Beans Mixed Green Salad WW Roll Applesauce \#110 | Honey Lemon Chicken Penne Pasta Green Beans Garden Salad Sliced Peaches WW Bread \#116 | 9 <br> Pork Chow Mein Chopped Spinach Pineapple Chunks WW Bread | 10 <br> Swedish Meatballs W/ <br> Egg Noodles <br> Steamed Cali Veggies <br> House Salad <br> Fruit Juice Cookie |
| 13 <br> Biscuit \& Sausage Gravy <br> Omelet and Breakfast Veggies Fresh Fruit Muffin | 14 <br> Italian Sausage W/ Peppers \& Onions WW Egg Noodles Broccoli <br> Mixed Greens Salad Fresh Fruit \#9 | 15 <br> Lentil Soup <br> Tuna Salad Sandwich on WW Bread Steamed Carrots Spiced Applesauce Cookie | Sauerbraten <br> Baked Yam <br> House Salad <br> w/Garbanzo Beans Cinnamon Applesauce \#31 | 17 <br> Caribbean Chicken Aztec Rice Stir Fry Veggies Orange Spinach Salad Cookie |
| 20 <br> Chicken Cordon Bleu <br> Rice Pilaf Peas <br> House Salad Fresh Orange Brownie | 21 <br> Turkey Sandwich on WW Bread Tomato Soup Three Bean Salad Sliced Pears Jell-O | 22 <br> Beef Stroganoff Egg Noodles Chef Cut Veggies Orange Spinach Salad Fresh Apple \#108 | 23  <br> Chicken Broccoli Rice  <br> Beet Salad  <br> Fruit Cup  <br> Muffin  <br> \#38  | Meatloaf <br> Mashed Potatoes Corn <br> House Salad w/Garbanzo Beans WW Roll Cherry Crisp |
| $\frac{27}{\frac{\text { MELOSED }}{27}} \underset{\text { DAY }}{ }$ | BBQ Chicken Mashed Potatoes Green Beans House Salad Berries on a Cloud | 29 <br> Beef Teriyaki <br> Jasmine Rice Broccoli <br> Asian Chickpea Salad Mandarin Oranges WW Bread \#27 | 30 <br> Hamburger w/ LTOP <br> WW Bun <br> Baked Beans <br> House Salad <br> Fresh Orange <br> Pudding <br> \#136 | 31 <br> Mambo Pork Roast Corn Muffins Broccoli House Salad Melon Cup |

