

Carson City Senior Center Menu

September 2023

Menu subject to change without notice.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Suggested donation for age 60 & over is \$2.25. Those under 60 must pay \$6.00</p> <p>Milk: On-site (Congregate) 8oz served daily; Meals on Wheels receive half gallon delivered weekly</p> <p>On-Site Lunch:</p> <p>To-Go Pickup – Bring your containers and check-in for more information.</p> <p>Choice Entrée – We will test a few options to see how to best offer choices to the on-site menu.</p>				<p>1</p> <p><u>HAPPY BIRTHDAY!</u></p> <p><u>Country Fried Steak</u></p> <p>Mashed Potatoes</p> <p>Cali Veggie Blend W/</p> <p>Lima Beans</p> <p>Fruit Cocktail</p> <p>Cake & Ice Cream</p>
<p>4</p> <p><u>CLOSED LABOR DAY!!!</u></p>	<p>5</p> <p><u>Sweet & Sour Pork</u></p> <p>Jasmine Rice</p> <p>Stir Fry Veggies</p> <p>Mandarin Oranges</p> <p>Fortune Cookie</p>	<p>6</p> <p><u>Chicken w/ Orange Sauce</u></p> <p>Mashed Potatoes</p> <p>Mixed Veggies</p> <p>House Salad</p> <p>Diced Peaches</p> <p>WW Bread</p> <p>#103</p>	<p>7</p> <p><u>Honey Lemon Chicken</u></p> <p>Penne Pasta</p> <p>Green Beans</p> <p>House Salad</p> <p>Fresh Fruit</p> <p>WW Bread</p> <p>#116</p>	<p>8</p> <p><u>Hot Turkey Sandwich</u></p> <p>Peas & Carrots</p> <p>Fresh Orange</p> <p>Spinach Salad</p> <p>Cookie</p>
<p>11</p> <p><u>Veggie Omelet & Sausage Links</u></p> <p>Country Style Potatoes</p> <p>Diced Peaches</p> <p>Muffin</p>	<p>12</p> <p><u>Chicken Gumbo</u></p> <p>Rice & Beans</p> <p>Steamed Veggies</p> <p>Colorful Salad</p> <p>Cookie</p>	<p>13</p> <p><u>Baked Pork Chops</u></p> <p>Mashed Sweet Potatoes</p> <p>Steamed Green Beans</p> <p>Mixed Green Salad</p> <p>Fresh Fruit</p> <p>WW Roll</p> <p>#110</p>	<p>14</p> <p><u>BBQ Chicken Sandwich</u></p> <p>WW Bun</p> <p>Baked Beans</p> <p>Steamed Peas & Carrots</p> <p>Fresh Fruit</p>	<p>15</p> <p><u>Dining Room Ribbon Cutting Event</u></p> <p><u>Seafood Louie Salad</u></p> <p>V8 Juice</p> <p>Tropical Fruit</p> <p>Sourdough Bread</p> <p>Pudding</p>
<p>18</p> <p><u>Teriyaki Chicken</u></p> <p>Brown Rice</p> <p>Green Beans</p> <p>Pineapple Chunks</p> <p>Apple Crisp</p>	<p>19</p> <p><u>Beef Stew</u></p> <p>Egg Noodles</p> <p>Steamed Veggies</p> <p>Fruit Cup</p> <p>#16</p>	<p>20</p> <p><u>Chicken Cacciatore</u></p> <p>4 Way Veggies</p> <p>Fresh Fruit</p> <p>Garlic Breadstick</p> <p>Brownie</p>	<p>21</p> <p><u>Italian Rice & Beef</u></p> <p>Steamed Carrots</p> <p>House Salad</p> <p>Spiced Applesauce</p> <p>WW Roll</p> <p>#124</p>	<p>22</p> <p><u>Chicken Alfredo</u></p> <p>Fettucine Noodles</p> <p>Steamed Peas & Carrots</p> <p>Diced Pears</p> <p>Cookie</p>
<p>25</p> <p><u>Beef Stroganoff</u></p> <p>Egg Noodles</p> <p>Chef Cut Veggie</p> <p>House Salad</p> <p>Fresh Apple</p> <p>#108</p>	<p>26</p> <p><u>Turkey Sandwich W/ Lettuce & Tomato</u></p> <p>Tomato Soup</p> <p>House Salad</p> <p>Fruit Cocktail</p> <p>Cookie</p>	<p>27</p> <p><u>Beef Enchilada</u></p> <p>Refried Beans</p> <p>Mexicorn</p> <p>Spanish Rice</p> <p>Jell-O</p>	<p>28</p> <p><u>Cheeseburger w/ LTOP</u></p> <p>WW Bun</p> <p>Baked Beans</p> <p>Steamed Corn</p> <p>Fresh Orange</p> <p>Cookie</p> <p>#136</p>	<p>29</p> <p><u>Meatloaf</u></p> <p>Mashed Potatoes</p> <p>Corn</p> <p>House Salad</p> <p>WW Roll</p>